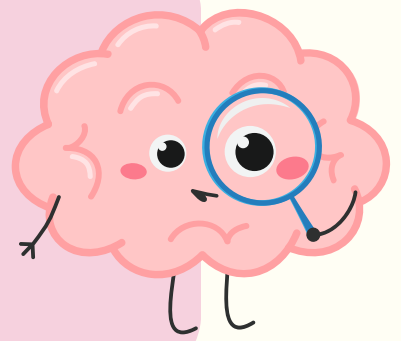


Safety Harbor Elementary School Counseling

School counselors teach you the tools you need to succeed.

School Counselors Do:

- Help students stay safe
- Care for each and every student
- Teach students skills to be their best selves
- Teach coping and friendship skills
- Guide families to resources outside of school



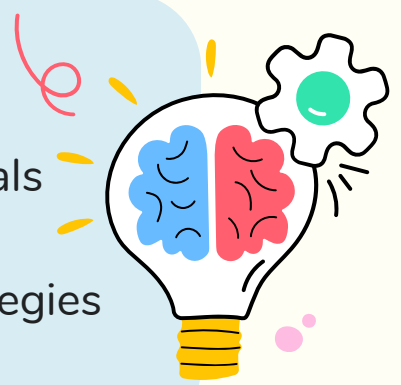
School Counselors Don't:



- Diagnose students with disabilities
- Punish students
- Judge students
- Provide long-term therapy

How can parents help?

- Volunteer to mentor a student through LunchPals
- Read with your children at home
- Practice and talk through problem-solving strategies
- Model positive coping skills



Types of Social Emotional Support



- Classroom life skills lessons
- Small group counseling & lunch bunch
- Individual counseling
- Referrals to outside supports

Reasons to see the counselor

- My child is worried about something (school, family)
 - needs help making choices or solving a problem
 - needs help focusing in class
 - is having a problem with another student or adult
 - is experiencing big changes in their life



My School Counselor Is:
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